

# KAYENTA SERVICE UNIT

HEALTH PROMOTION/DISEASE PREVENTION

## 2026

### JUST MOVE IT SCHEDULE



**JUNE 2**

**KAYENTA  
CHAPTER HOUSE**

KAYENTA, AZ

Registration: 5:30PM  
Start: 6:30PM

**JUNE 5**

**TS'AH BII KIN  
CHAPTER HOUSE**

INSCRIPTION HOUSE, AZ

Registration: 7:30AM  
Start: 8:00AM

**JUNE 17**

**CHILCHINBETO  
CHAPTER HOUSE**

CHILCHINBETO, AZ

Registration: 5:30PM  
Start: 6:30PM

**JUNE 20**

**RDRR TRAIL  
HWY 160/M.P. 423**

DENNEHOTSO, AZ

Registration: 6:00AM  
Start: 6:30AM

**JUNE 30**

**KAYENTA  
RECREATION PARK**

KAYENTA, AZ

Registration: 5:30PM  
Start: 6:30PM

**JULY 28**

**SHONTO  
PREPARATORY  
SCHOOL**

SHONTO, AZ

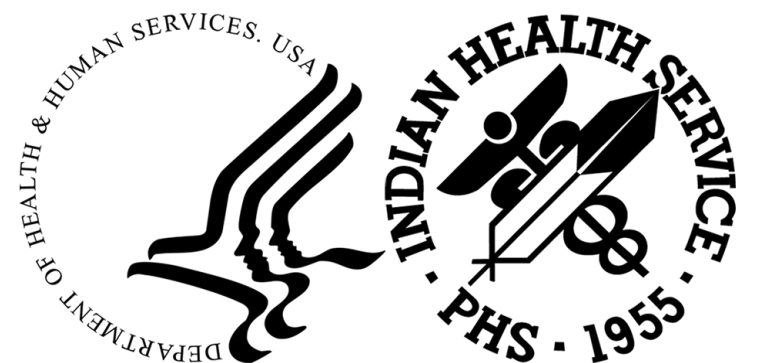
Registration: 5:30PM  
Start: 6:30PM

Your safety is our priority.

Pre-Event Participant Instructions:

- Arrive at least 30 minutes early for parking and registration.
- Review parking locations and entry points in advance.
- Check the weather forecast and dress appropriately.
- Wear comfortable walking shoes and athletic attire.
- Apply sunscreen and bring sufficient water.
- Eat a light, healthy snack prior to participation.

More event public announcements forthcoming.



For more information contact:  
Kayenta Alternative Rural Hospital,  
HPDP at (928) 697-4220.